

STUDY SYLLABUS

The C-Factor Series Study Plan

Two mapped schedules - an intensive 8-week and a steady 12-week - plus the three-pass method that makes them work.

How to use this plan

Each book is one connected arc. Read it mechanism-first, not as facts to memorize. Pair every study block with its assets: the chapter in the book, the matching lecture deck for review, the per-chapter cheat sheet for rapid recall, and the Anki deck for spaced repetition. Reserve Book 7 (The Final Review) for the last stretch.

The three-pass method

- Pass 1 - Mechanism.** Read for the why. Do not stop to memorize. Watch the discriminator and why boxes.
- Pass 2 - Clinical + questions.** Work the clinical bridges and practice passages; start the Anki deck.
- Pass 3 - Rapid review.** Use the cheat sheets and high-yield anchors; let Anki carry retention.

The 12-Week Plan (steady)

Week	Focus	Assets
1-2	Book 1 Biology	Book + decks; start Bio Anki
3	Book 2 General Chemistry	Book + decks + cheat sheets
4	Book 3 Organic Chemistry	Book + decks; Anki daily
5	Book 4 Physics	Book + decks; work all passages
6	Book 5 Psychology & Sociology	Book + decks; cheat sheets
7-8	Book 6 Biochemistry	Book + decks; heaviest Anki load
9	Mixed review	All cheat sheets; cumulative Anki
10	Book 7 The Final Review	Discriminator index + HY anchors
11	Full-length practice + review	Re-test weak areas via Anki tags
12	Final polish	Cheat sheets + The Bottom Line summaries

The 8-Week Plan (intensive)

Week	Focus	Assets
1	Books 1-2	Books + decks; Anki on
2	Book 3	Book + decks + cheat sheets
3	Book 4	Book + decks; all passages
4	Book 5	Book + decks
5-6	Book 6 Biochemistry	Books + decks; heavy Anki
7	Book 7 + cheat sheets	Discriminator index, HY anchors
8	Full-length + targeted review	Anki weak tags; Bottom Lines